

**CATAWBA HOSPITAL
CATAWBA, VIRGINIA**

MINUTES

COMMITTEE NAME: Catawba Local Human Rights Committee

MEETING DATE: October 26, 2016 **TIME:** 3:00 pm **PLACE:** Building 24 Lobby

MEMBERS PRESENT: Kaisha Williams, Acting Chairperson; Will Childers; Lisa Hoyt; JoAnn Patterson

MEMBERS ABSENT: David Lofgren

OHR STAFF PRESENT: Jennifer Kovack, Regional Manager, Office of Human Rights

CARILION STAFF PRESENT: Bill Wasserman, Vice President, Department of Psychiatry and Behavioral Medicine

CATAWBA STAFF PRESENT: Yad M. Jabbarpour, MD, Chief of Staff

LEWIS GALE STAFF PRESENT: Leigh Frazier, Clinical Services Director, Center for Behavioral Health
Angelo Pananas, Program Director, LG Alleghany Senior Transitions

GUESTS: None

MEETING AGENDA – MAIN POINTS DISCUSSED:

1. **Welcome and Introductions** - The meeting was called to order.

2. **Review of Agenda & Minutes** - A motion was made and seconded to accept the minutes of the April 27, 2016 meetings as presented. The motion passed unanimously.

3. **Advocate's Report**
 Jennifer Kovack reported on the following:
 Staff / Regional Update
 - As of October 17th, Dwayne Lynch moved to the DHDS Office of Licensing. The advocate job is posted and they hope to interview in November. Brandon Rotenberry and Mandy Crowder are covering the Catawba LHRC providers until a new advocate is hired.
 - In May, the Office of Human Rights went from six (6) regions to five (5) to be more in line with the Health Planning Regions. Region 3 has expanded, and now includes the Piedmont area and Southside area of the state. Ms. Kovack will send a map of the regions for the members' review. There are five (5) advocate positions that cover the Region.

Regulation Update

- The Proposed Regulations are moving through the Final Stage – they have moved to the Executive Branch Review and are now in the Governor’s office for review.
- The Attorney General’s office is tasked with providing training to the LHRCs and providers once the regulations are approved. This will be provided on a regional basis and offered prior to implementation.
- The Roanoke area currently has two (2) community LHRCs and the one at Catawba Hospital. Once the new regulations are approved, the plan is to talk to committee members and have one 9-member committee in the Roanoke area that would meet quarterly at Catawba Hospital, and have all of the surrounding area access that committee when needed.
- Under the proposed regulations, the LHRC would now focus on an individual’s due process rights rather than monitoring the reporting of providers. Affiliation and LHRC attendance would no longer be required for providers unless they have an item on the agenda.
- CHRIS will remain the Human Rights reporting system and the assigned advocate will continue to monitor, provide consultation, and close the CHRIS cases.

Until the proposed regulations take effect, business as usual!

Review Date: No Further Review

4. Carilion Behavioral Health (Bill Wasserman)

- a. Admission & Discharges: Admissions and discharges on the child/adolescent units have been consistent over the past several months. Admissions on the 4th floor and 5th floors have been consistent during the quarter, but are now started to trend upward. Median lengths of stay for all three (3) units have been consistent. The percentage of readmissions within 15 days and 30 days has increased during the past six months. This is likely due to the increase in severity of the patients they are seeing; however, no trends or patterns were identified. Staff will continue to monitor.
- b. Restraint Usage: There was an increase in the number of episodes of restraint on the adolescent units that is likely due to a few high risk patients. No trends or patterns were identified.
- c. Complaints/Allegations:
There were ten (10) complaints during the 2nd quarter and one (1) complaint during the 3rd quarter. All were resolved and no violations were found.
- d. Other Business: None.

Following discussion, a motion was made and seconded to accept the report as presented. The motion passed unanimously.

Review Date: No Further Review

5. Catawba Hospital (Yad Jabbarpour)

- a. Admissions and Discharges: The number of adult and geriatric admissions remained high during both quarters. Median lengths of stay have been consistent and reflects the current patient flow through. Readmissions on the adult units is usually one or two patients who have had a successful time in the community and then are-admitted for two or three days for stabilization. All of the readmissions are tracked in the hospital's Utilization Review Committee.
- b. Restraint Usage: Behavioral restraint hours and incidents are an on-going focus on a shift-by-shift/day-by-day basis. The increase in July and August is likely due to one or two high risk patients. There was an increase in the use of protective restraints (excluding enclosure beds); an enclosure bed was used during the quarter for one patient with a movement disorder.
- c. Complaints / Allegations:
 - There were five (5) formal and nine (9) informal complaints received during the 2nd quarter; eight (8) of the 14 complaints were made by three (3) patients on Unit 4 and had to do with issues around capacity and discharge. There were six (6) formal and three (3) informal complaints received during the 3rd quarter; eight (8) of the nine (9) complaints were made by one patient on Unit 4. There were no human rights violations.
 - There were three (3) allegations of abuse/neglect during the 2nd quarter and one (1) allegation in the 3rd quarter. All of the allegation were investigated and found to be unsubstantiated.
- d. Other Business: None.

Following discussion, a motion was made and seconded to accept the report as presented. The motion passed unanimously.

Review Date: No Further Review

6. LewisGale Behavioral Health (Leigh Frazier)

- a. Admission & Discharges: The hospital did not have many adolescent admissions during June, July and August due to vacations taken by the two adolescent psychiatrists; adult admissions fluctuated during the quarters. Readmissions within 15 days were consistent with previous quarters.
- b. Restraint Usage: There was an increase in the number of episodes of restraint during both quarters that was likely due to a few high risk patients. No trends or patterns were identified.
- c. Complaints/Allegations:
 - There were three (3) informal complaints during the 2nd quarter and five (5) informal complaints during the 3rd quarter; all were resolved and no violations found.

- There was one (1) allegation of neglect during the 2nd quarter that was investigated and found to be unsubstantiated; there were no (0) allegations of abuse/neglect during the 3rd quarter.

d. Other Business: None.

Following discussion, a motion was made and seconded to accept the report as presented. The motion passed unanimously.

Review Date: No Further Review

7. LewisGale Alleghany Senior Transitions (Angelo Pananas)

a. Admissions and Discharges: There was a slight decrease in the number of admissions during the 2nd quarter due to staffing issues; the 3rd quarter was consistent with previous quarters. There was an increase in the number of readmissions after 15 days during the 3rd quarter - the hospital continues to track these readmits closely.

b. Restraint Usage: There were two (2) physical holds during the 2nd quarter and nine (9) physical holds during the 3rd quarter that were attributed to four (4) patients. These physical holds were very brief and used mainly for medication administration. There were no (0) mechanical restraints utilized during either quarter.

c. Complaints/Allegations:

- There was no (0) human rights complaints during either quarter.
- There were four (4) allegations of neglect investigated during the 2nd quarter. One (1) was a non-peer-to-peer allegation that was found to be substantiated. The staff member was terminated and other staff were re-educated. The remaining allegations were unsubstantiated. There were no (0) allegations of abuse/neglect during the 3rd quarter.

d. Other Business: None.

Following discussion, a motion was made and seconded to accept the report as presented. The motion passed unanimously.

Review Date: No Further Review

8. New Business

None

There being no further business, the meeting was adjourned at 3:55 p.m.

Next Meeting: February 22, 2017

Kaisha Williams, Acting Chairperson

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