

**CATAWBA HOSPITAL
CATAWBA, VIRGINIA**

MINUTES

COMMITTEE NAME: Subcommittee of the Catawba Local Human Rights Committee

MEETING DATE: November 18, 2015 **TIME:** 3:00 pm **PLACE:** Building 24 Lobby

MEMBERS PRESENT: Dianna Parrish, Chairperson; David Lofgren; Valarie Robinson

MEMBERS ABSENT: JoAnn Patterson; Shannon Patsel; Kaisha Williams

OHR STAFF PRESENT: Dwayne Lynch, Human Rights Advocate

PROVIDERS PRESENT: Lisa Dishner, Unit Director, Carilion Child & Adolescent Psychiatric
Leigh Frazier, Lewis Gale Behavioral Health – Salem
Paula Mitchell, Lewis Gale Alleghany Senior Transitions
Walton Mitchell, Facility Director, Catawba Hospital

PROVIDERS ABSENT: None

GUESTS: None

MEETING AGENDA – MAIN POINTS DISCUSSED:

1. **Welcome and Introductions** - The meeting was called to order.

2. **Review of Agenda & Minutes** A motion was made and seconded to accept the minutes of the September 9, and 25, 2015 meetings as presented. The motion passed unanimously.

3. **Advocate’s Report**
Dwayne Lynch reported on the following:
 - a. Kathron Richards, Committee Member, has resigned from the Catawba Local Human Rights Committee. There are now two (2) consumer vacancies on the committee. Mr. Lynch noted that the requirement of a consumer committee member is someone who has received services within the past five (5) years or is currently receiving services. He asked the members and providers to let him know about anyone who might want to volunteer to be a member.
 - b. Dianna Parrish has decided to finish her term a little early due to a great professional opportunity that she was offered. Mr. Lynch presented Ms. Parrish with a plaque of appreciation for her years of service to the Catawba Local Human Rights Committee. In light of that, the committee is also recruiting for a healthcare member as well.

Review Date: No Further Review

4. Catawba Hospital (Walton Mitchell)

- a. Admissions and Discharges: The number of admissions continues to remain high; 109 in the July-September quarter. This is the highest adult admission months in several years. These admissions continue to reflect an increase in the number of individuals sent to Catawba under Temporary Detention Orders and Emergency Custody Orders. The other State hospitals continue to run at capacity as well. Median length of stay showed a slight increase in the geriatric population in September due to several discharges of patients who had been at Catawba for a longer period of time. Readmissions on the adult units are reflective of the increase in admissions during the quarter; one forensic patient who did not want to be in jail accounted for three (3) of the readmissions. All of the readmissions are tracked in the hospital's Utilization Review Committee.
- b. Restraint Usage: Behavioral restraint hours and incidents increased in August and September due to one individual who came into the facility very sick and psychotic. This person was subsequently stabilized and discharged. Efforts have been made by hospital staff to reduce the number of protective restraints hours as it precludes nursing home transfers for patients who need that level of care. Enclosure beds have not been used since April.
- c. Complaints / Allegations:
 - There were six (6) formal complaints and one (1) informal complaint during the quarter; three (3) of the formal complaints were made by the same person. None of the complaints were human rights violations and all were resolved in a manner acceptable to the individuals involved.
 - There were no (0) investigations of allegations of abuse/neglect during the quarter.
- d. Other Business: None.

Following discussion, a motion was made and seconded to accept the report as presented. The motion passed unanimously.

Review Date: No Further Review

5. Carilion Behavioral Health (Lisa Dishner)

- a. Admission & Discharges: Admissions and discharges on all three (3) units have trended down for the quarter; average lengths of stay have been consistent. The percentage of readmissions within 15 days and 30 days decreased this quarter compared to the previous quarters.
- b. Restraint Usage: The child/adolescent unit experienced a significant increase in the number of restraint episodes and minutes per episode in September; the restraint episodes on the adult unit decreased throughout the quarter. No trends or patterns were identified
- c. Complaints/Allegations:

There were seven (7) complaints during the quarter. All were resolved and no violations were found.

- d. Other Business: None.

Following discussion, a motion was made and seconded to accept the report as presented. The motion passed unanimously.

Review Date: No Further Review

6. LewisGale Behavioral Health (Leigh Frazier)

- a. Admission & Discharges: Adolescent admissions and discharges increased during the quarter; adult admissions and discharges were consistent. There were no (0) adolescent readmissions after 15 days; adult readmissions increased in August and September. Ongoing efforts to decrease readmissions continue, with no trends or patterns identified.
- b. Restraint Usage: There was a slight increase and then significant decrease in restraint events/hours during the quarter. This decrease could be the result of the implementation in July of a new way/strategy of handling agitated patients known as “BERT” (Behavioral Health Emergency Response Team). The hospital added 12 additional staff who are CPI (Crisis Prevention Institute) trainers; these trainers make up the BERT Team and answer behavioral crisis incidents on the units. These staff do not work on the units and have the time necessary to utilize verbal de-escalation techniques.
- c. Complaints/Allegations:
- There were four (4) informal complaints during the quarter; all were resolved and no violations found.
 - There were eight (8) allegations of abuse/neglect during the quarter that were investigated; none of the allegations were substantiated.
- d. Other Business: None.

Following discussion, a motion was made and seconded to accept the report as presented. The motion passed unanimously.

Review Date: No Further Review

7. LewisGale Alleghany Senior Transitions (Paula Mitchell)

- a. Admissions and Discharges: There was a decrease in the number of admissions, discharges and readmissions after 15 days during this quarter compared to previous quarters.
- b. Restraint Usage: There were four (4) physical holds utilized to provide prn medications for increased patient aggression.
- c. Complaints/Allegations:
- There were no (0) complaints during the quarter.

- There were two (2) allegations of neglect (peer to peer) during the quarter that were investigation and found to be unsubstantiated.

d. Other Business: None.

Mr. Lynch noted that Sally Howard, BSN, RN has been doing a great job during the facility's leadership transition and is moving the facility in the right direction with regard to human rights compliance.

Following discussion, a motion was made and seconded to accept the report as presented. The motion passed unanimously.

Review Date: No Further Review

8. New Business

None

There being no further business, the meeting was adjourned at 4:45 p.m.

Next Meeting: To be determined.

Dianna Parrish, Chairperson

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